#### Welcome Herbs

Hugh Busher (Herbs from my garden)

Top left: Bronze fennel

Bottom: oregano & marjoram (in flower)

Right: lavender with

shallots









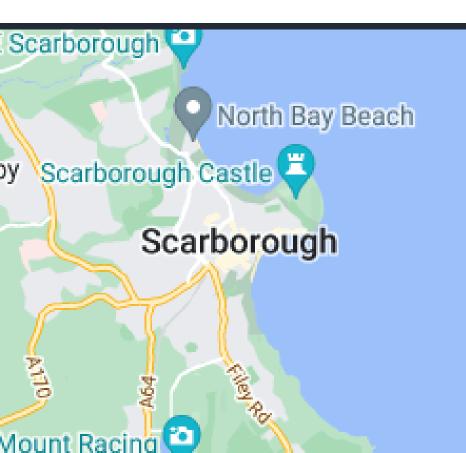




### "Parsley, Sage, Rosemary and Thyme"

"Scarborough Fair" is a traditional English song that was particularly common in Yorkshire and Northumbria. The song (collected by Frank Kidson in 1891) had various refrains including, "parsley, sage, rosemary and thyme"

#### Scarborough





A town in North Yorkshire, England which had an annual fair. In the later 19<sup>th</sup> and much of the 20<sup>th</sup> century it was a popular seaside resort for holiday makers, especially from Yorkshire, as it could be easily reached by train.

The famous melody for "Scarborough Fair" was collected from Mark Anderson (1874–1953), a retired lead miner from Middleton-in-Teesdale, County Durham, England, by Ewan MacColl in 1947.









- Dry them: L-R: Rosemary, sage, Mint, Bay
- You could freeze them, too

Add them to stews

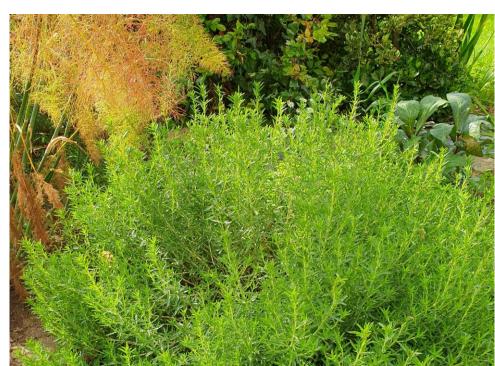
L to R: Sage, Tarragon (in pot), Savoury, Basil, Marjoram in flower (and Oregano)



















Add them to fish dishes (fennel,, lemon verbena, tarragon, thyme)

- Add them to drinks (lemon verbena, mint, oregano)
- Add them to jams (lavender)









# And then there is garlic ...

 Not a herb, but what would we do without it, or onions/shallots in our cooking?

