

# "Discovering and appreciating wild herbs together"

*A project initiated and coordinated by ILEU e.V. in the context of the international educational network Danube Networkers, in cooperation with the Botanical Garden of the University of Ulm, and partner groups in other Danube countries.*

*It takes place with the active support of the ViMA danube volunteers from different countries who support the idea of ViMA danube.*

The project **Discovering and appreciating wild herbs together** is funded by the State Ministry of Baden-Württemberg and the Digital Agenda of the City of Ulm in the frame of **ViMA danube**.



**Baden-Württemberg**

STAATSMINISTERIUM

Stadt Ulm  
Digitale Agenda

**ulm**

*We are looking for people who*

- love nature
- are interested in botanic, cooking, literature, natural medicine, art & photography
- want to share knowledge with others & discover new things

**Interested?! Join us!**

# *Why a project about wild herbs?*

- ▶ holds many different treasures
  - ▶ big variety we don't even know
  - ▶ connects us as a community
  - ▶ part of our everyday life
- do we remember enough to appreciate them?

# Let us:

- explore the variety of wild herbs locally with many nature lovers in the Danube countries and in other European countries
- show how they are used and what significance they have in the respective countries
- research, exchange information, compare and learn a lot of new things!
- remind ourselves to appreciate what nature gives to us

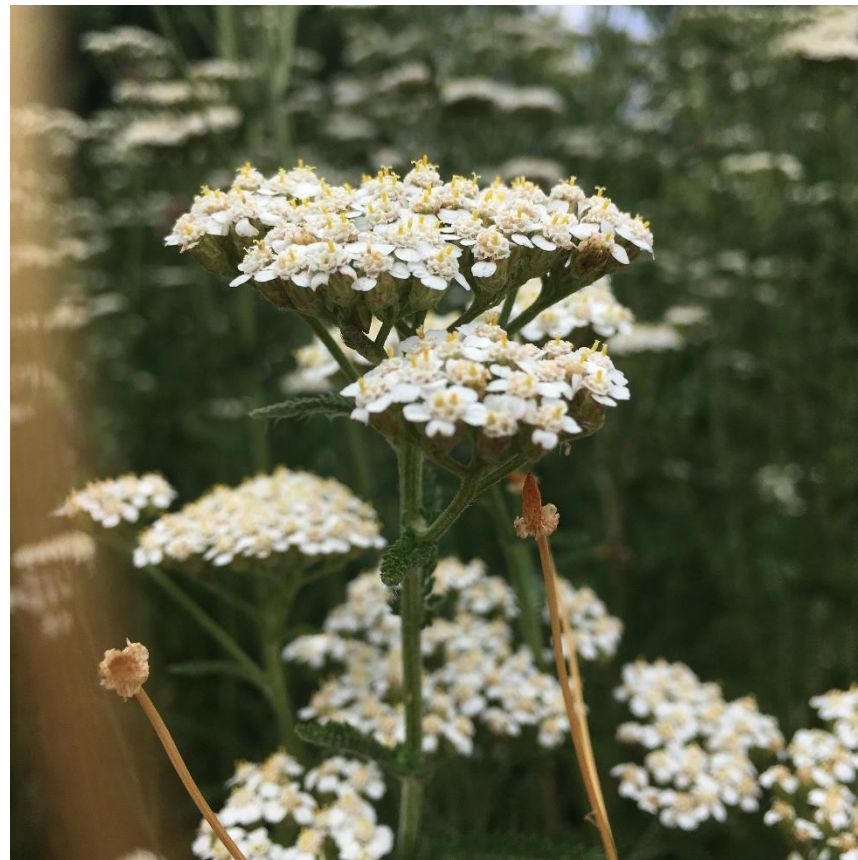
# How can we do this?

Using the two following online platforms & connecting them:

- ▶ use the **online platform iNaturalist** to research wild herbs and where they occur (*iNaturalist names the respective plant with its Latin name and the one commonly used in the respective country, so that we speak of the same plant*)
- ▶ exchange information on our **online platform ViMA danube** about their history, forms of appearance, types of use and significance for ourselves (*ViMA danube accessible in 6 languages, each person can write / read comments in own language*)

# This can be done under different aspects:

- ▶ Places of origin/history
- ▶ Food & drinks (various recipes: as soups, spice ingredients, tea, liqueur etc.)
- ▶ Health (e.g. syrup, herbal mixture for healing)
- ▶ Tradition (e.g. festivities)
- ▶ Art (e.g. painting, making natural colors)
- ▶ Literature & music (e.g. poems and songs about wild herbs)
- ▶ Useful things in everyday life (e.g. scents / aroma, soaps)



If you have any questions or are interested to join, please contact [vima@ileu.net](mailto:vima@ileu.net)